



Co-op Academy Walkden Core PE Curriculum Overview 2022/23

Key Stage 3

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
7	Core Theme	<p>Due to facility availability students will follow a carousel of units across AU1/2/3/SP1/SP2. They will cover:</p> <ol style="list-style-type: none"> 1. Overcome opponents in direct competition through team sports 2. Develop technique and improve performance in other competitive sports 3. Perform dances using advances techniques within a range of dance styles 4. Outdoor and adventurous activities which present intellectual and physical challenges 	Continued carousel from AU1	Continued carousel from AU1	Continued carousel from AU1	<p>Students will follow a carousel of units across SU1/SU2. They will cover:</p> <ol style="list-style-type: none"> 1. Analyse performances compared to previous ones and demonstrate improvement to achieve personal best 2. Develop technique and improve performance in other competitive sports 	Continued carousel from SU1
	Unit of Work	<p>Football Netball or Rugby Dance Team building and problem solving</p>				Athletics	

8	Core Theme	Due to facility availability students will follow a carousel of units across AU1/2/3/SP1/SP2. They will cover: 1. Overcome opponents in direct competition through team sports 2. Develop technique and improve performance in other competitive sports 3. Perform dances using advances techniques within a range of dance styles 4. Outdoor and adventurous activities which present intellectual and physical challenges	Continued carousel from AU1	Continued carousel from AU1	Continued carousel from AU1	Students will follow a carousel of units across SU1/SU2. They will cover: 1. Analyse performances compared to previous ones and demonstrate improvement to achieve personal best 2. Develop technique and improve performance in other competitive sports	Continued carousel from SU1
	Unit of Work	Football Netball or Rugby Dance Orienteering				Athletics	
9	Core Theme	Due to facility availability students will follow a carousel of units across AU1/2/3/SP1/SP2. They will cover: 1. Overcome opponents in direct competition through team and individual sports 2. Develop technique and improve performance in other competitive sports 3. Outdoor and adventurous activities which present intellectual and physical challenges	Continued carousel from AU1	Continued carousel from AU1	Continued carousel from AU1	Students will follow a carousel of units across SU1/SU2. They will cover: 1. Analyse performances compared to previous ones and demonstrate improvement to achieve personal best 2. Develop technique and improve performance in other competitive sports	Continued carousel from SU1

	Unit of Work	Football Netball or Rugby Leadership or Dance leaders Orienteering				Athletics	
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Co-op Academy Walkden Curriculum Overview 2022/23

Core PE and OCR Sports Studies Key Stage 4

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
10	Core Theme	Due to facility availability students will follow a carousel of units across AU1/2/3/SP1/SP2. They will cover: 1. overcome opponents in team and individual games	Continued carousel from AU1	Continued carousel from AU1	Continued carousel from AU1	Students will follow a carousel of units across SU1/SU2. They will cover: 1. Analyse performances compared to previous ones and demonstrate	Continued carousel from SU1

		<ol style="list-style-type: none"> 2. develop technique and improve their performance in other competitive sports 3. take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges 4. evaluate their performances compared to previous ones and demonstrate improvement to achieve personal best 				<p>improvement to achieve personal best</p> <ol style="list-style-type: none"> 2. Develop technique and improve performance in other competitive sports 	
	Unit of Work	<p>Students will follow a pathway of 5 of the following sports/activities:</p> <p>Fitness Football Netball or handball OAA Rugby</p>				<p>Athletics or Striking and Fielding</p>	
11	Core Theme	<p>Due to facility availability students will follow a carousel of units across AU1/2/3/SP1/SP2. They will cover:</p> <ol style="list-style-type: none"> 1. overcome opponents in team and individual games 2. develop technique and improve their performance in other competitive sports 3. evaluate their performances compared to previous ones and demonstrate improvement to achieve personal best 				<p>Students will follow a carousel of units across SU1/SU2. They will cover:</p> <ol style="list-style-type: none"> 1. Analyse performances compared to previous ones and demonstrate improvement to achieve personal best 2. Develop technique and improve performance in other competitive sports 	Continued carousel from SU1
	Unit of Work	<p>Students will follow a pathway of 6 of the following sports/activities:</p> <p>Fitness Football Netball or handball</p>				<p>Athletics or Striking and Fielding</p>	

		Table tennis Rugby					
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CAMBRIDGE NATIONAL SPORTS STUDIES

New Specification J829. Teaching from September 2022.

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
10	Core Theme	Developing sports skills: LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity LO4: Be able to apply practice methods to support improvement in a sporting activity	Developing sports skills: LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity LO4: Be able to apply practice methods to support improvement in a sporting activity	Developing sports skills: LO4: Be able to apply practice methods to support improvement in a sporting activity	Sports leadership: LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership LO2: Planning a sports session	Sports Leadership: Students will take it in turns to deliver the sports session they planned for their peers.	Exam unit - Contemporary issues in sport: Understand the issues which affect participation in sport.
	Unit of Work	R185	R185	R185	R185	R185	R184
11	Core Theme	Exam unit LO1: Issues which affect participation in sport and LO2: The role of sport in promoting value.	Exam unit LO2: The implications of hosting a major sporting event for a city or country and LO4: The role National Governing Bodies (NGBs) play in the development of their sport	Exam unit retrieval. R187: LO1 Provision for different types of outdoor and adventurous activities in the UK LO2: Equipment, clothing and safety aspects of participating in	Exam unit retrieval. LO3: Plan for and be able to participate in an outdoor and adventurous activity LO4: Evaluate participation in an outdoor and adventurous activity		

				outdoor and adventurous activities			
	Unit of Work	R184: Exam unit	R184: Exam unit	R184: Exam unit R187	R184: Exam unit R187		

CAMBRIDGE NATIONAL SPORTS STUDIES

Specification J813. Final assessment series: June 2023.

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
10	Core Theme	Developing sports skills: LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity LO4: Be able to apply practice methods to support improvement in a sporting activity	Developing sports skills: LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity LO4: Be able to apply practice methods to support improvement in a sporting activity	Developing sports skills: LO4: Be able to apply practice methods to support improvement in a sporting activity	Sports leadership: LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership LO2: Planning a sports session	Sports Leadership: LO2: Planning a sports session Students will take it in turns to deliver the sports session they planned for their peers.	Sports leadership Lo4: Evaluation and final amendments to R053.
	Unit of Work	R052	R052	R052	R053	R053	R053
11	Core Theme	Exam unit - Contemporary issues in sport: LO1: understand the issues which affect participation in sport.	Exam unit - Contemporary issues in sport: LO3: Understand the importance of hosting major sporting events.	Developing knowledge and skills in outdoor activities: LO1: Know about different types of outdoor activities and their provision	Developing knowledge and skills in outdoor activities: LO3: Be able to plan an outdoor activity	Exam unit - Contemporary issues in sport: (FOR STUDENTS RESITTING THEIR EXAM) LO1: understand the issues which affect participation in sport.	Resit for necessary students.

		LO2: Know about the role of sport in promoting values	LO4: Know about the role of national governing bodies in sport.	LO2: Understand the value of participating in outdoor activities		LO2: Know about the role of sport in promoting values LO3: Understand the importance of hosting major sporting events. LO4: Know about the role of national governing bodies in sport.	
	Unit of Work	RO51	RO51	RO56	RO56		

GCSE PE

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
10	Core Theme	Paper 2: Socio-cultural influences and well-being in physical activity and sport.	Paper 1: The human body and movement in physical activity and sport.	Paper 1: The human body and movement in physical activity and sport.	Paper 1: The human body and movement in physical activity and sport.	Paper 2: Socio-cultural influences and well-being in physical activity and sport.	Paper 2: Socio-cultural influences and well-being in physical activity and sport.
	Unit of Work	Health, fitness and well-being. Practical NEA	Movement analysis, Applied anatomy and physiology Practical NEA	Movement analysis, Applied anatomy and physiology Practical NEA	Movement analysis, Applied anatomy and physiology Practical NEA	Use of data Practical NEA	Socio-cultural influences Practical
11	Core Theme	Paper 1: The human body and movement in physical activity and sport.	Paper 2: Socio-cultural influences and well-being in physical activity and sport.	NEA Performance Analysis	Retrieval		

	Unit of Work	Health and fitness, physical training Practical	Sports psychology Practical				
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Btec Performing Arts / Dance

Year Group		AU1	AU2	SP1	SP2	SU1	SU2
10	Core Theme	Preparation for Component 1: Exploring the performing arts	Preparation for Component 1: Exploring the performing arts	Component 1: PSA brief released Dec targeted preparation Exploring the performing arts	Component 1: Exploring the performing arts	Preparation Component 2 Developing skills and techniques in the performing arts :	Preparation Component 2: Developing skills and techniques in the performing arts
	Unit of Work	A: Investigate how professional performance or production work is created	B Demonstrate understanding of the skills, techniques and approaches used by professionals to create performance/production work.	A: Investigate how professional performance or production work is created B Demonstrate understanding of the skills, techniques and approaches used by professionals to create performance/production work.	A: Investigate how professional performance or production work is created B Demonstrate understanding of the skills, techniques and approaches used by professionals to create performance/production work. Final assessment window component 1	A Use rehearsal or production/design processes B Apply skills and techniques in performance or realisation C Review own development and application of performance or design skills.	A Use rehearsal or production/design processes B Apply skills and techniques in performance or realisation C Review own development and application of performance or design skills.
11	Core Theme	Component 2 PSA brief released Developing skills and techniques in the performing arts	Component 2 Developing skills and techniques in the performing arts	Component 3: responding to a brief	Component 3: responding to a brief	Component 3	

	Unit of Work	A Use rehearsal or production/design processes B Apply skills and techniques in performance or realisation C Review own development and application of performance or design skills.	A Use rehearsal or production/design processes B Apply skills and techniques in performance or realisation C Review own development and application of performance or design skills. Final assessment window component 2	January release AO1 Understand how to respond to a brief AO2 Select and develop skills and techniques in response to a brief AO3 Apply skills and techniques in a workshop performance in response to a brief AO4 Evaluate the development process and outcome in response to a brief	AO1 Understand how to respond to a brief AO2 Select and develop skills and techniques in response to a brief AO3 Apply skills and techniques in a workshop performance in response to a brief AO4 Evaluate the development process and outcome in response to a brief	Final Assessment AO1 Understand how to respond to a brief AO2 Select and develop skills and techniques in response to a brief AO3 Apply skills and techniques in a workshop performance in response to a brief AO4 Evaluate the development process and outcome in response to a brief	