Co-op Academy Walkden | PE Learning Journey Hobby - Continue to have a passion and sustained interests in Physical Activity and the sporting industry. GCSE PE: Paper 2 (Socio-cultural influences). Topics include: guidance/feedback, Core PE: Further develop Sport Studies: Sport Studies: Sit inverted U theory your application of Submit R187 Football, rugby, College - Level 2 & 3 R184 Exam: strategies and tactics in full (arousal), Outdoor netball, handball, PE qualification (Btec Contemporary commercialisation sided games/activities in Activities for fitness or table Sport & Active Leisure, Issues in Sport. etc.. the following sports: moderation A-Level PE) GCSE PE: Sit final Sports Studies GCSE PE: NEA GCSE PE: Represent the R187: Developing exam in paper 1 Practical coursework: Academy at Knowledge and and paper 2 GCSE PE: moderation Performance Core PE: Study Outdoor competitive GCSE PE: Paper 1 Skills in Outdoor analysis sports fixtures Paper 1 (the Adventurous Activities: Activities (the human body). human Orienteering Youth Sport Trust Topics include: body). **National School Sports Studies** cardiorespiratory **Topics** Sports Studies/GCSE system and the R185: Sports Sport Week Sports Awards include: PE: research **Sports Studies** Leadership (plan Sports Leaders and mechanics of and Sports components qualifications required R184: Study Sports Studies students breathing. and lead a Colours given of fitness. for specific jobs in the to lead National School contemporary sports session) out sports industry methods of Issues in Sport Sports Week Study training etc... Outdoor Adventurous Year Activities: Sports Leaders orienteering carry out interviews for all GCSE PE: KS3 and 4 GCSE PE: Paper 2 Paper 1 (the Core PE: Sport Studies: Participate Put your full effort into Sports Leaders (Socio-cultural influences). human body). Participate in Submit R185 in your last finding sports you want **Applicants** Topics include: skill/ability, sports day Topics include: either athletics Developing to participate in when SMART targets, information bones, muscles or Striking and Sports Skills you leave school and movement. processing model fielding. coursework for moderation. Sports Studies Participate in extra Sports Studies R185: Developing Participate in Core PE: curricular PE to Sports Awards R185: Perform your Sports Skills Sports Day Learn about Analyse and enrich your personal and Sports training plan in (analyse your the class improve your Colours given out statement, CV or order to improve strengths and system/divis performance in college application your performance. weaknesses) ion and its a range of athletics events Year link to sporting participation Study Outdoor Core PE: Further develop Adventurous Perform in the end your application of GCSE PE: Paper 2 Activities: Demonstrate Football, rugby, of year dance strategies and tactics in full (Socio-cultural Orienteering your growth netball, handball or production at the sided games/activities in influences). Topics mindset during fitness. Lowery the following sports: include: health, Take part in the all PE lessons somatotypes, diet, PE Fitness energy use etc.. Further develop your Challenge Learn about prize money Perform in the application of Complete a Sports Develop your Complete KS4 strategies and tactics **Express** Leaders course in core a gender pay Football, knowledge of Street Yourself options PE in full sided gaps/closing gender pay PE. Focus: netball or Dance and a variety games/activities in Showcase differentiating use the taster homework gaps in the sports you rugby of complex (dance) the following sports: do in your PE lessons STEP principle choreographic tools Take part in a KS4 options PE taster session Approach every PE Research jobs in Sports Leadership Apply to join or Show you care by Join an extracurricular lesson with the sports team can apply to be a continue to trying your best in Youth Sport Trust sports club and represent a growth industry PF Peer Mentor and contribute to the the inter form the Academy at **National School** mindset lead more Sports Leadership competitions competitive sports **Sport Week** extra-curricular clubs Club fixtures Succeed Show you care Sports Awards and together Study Take part in the by leading a Youth Sport Trust **Sports Colours** Outdoor during Perform in warm up in pairs Year PE Fitness **National School** given out lunchtime Adventurous the Express Challenge in core PF **Sport Week** Activities: clubs and Yourself 9 competitions orienteering Showcase (dance) Participate in sports day Learn about media Analyse and Perform in the end of Sports leaders do Join or continue representation of improve your to attend Sports year dance what matters most gender in the sports performance in a Leaders Club production at the by assisting during you do in your PE range of athletics Lowery lunch time clubs lessons events Apply to join Analyse and or continue Perform in the Represent the improve your Participate in end of year Join an Academy at to contribute Youth Sport Trust performance in your first sports dance extracurricular to the Sports competitive **National School** a range of day. Leadership production at sports club sports fixtures Construct a **Sport Week** athletics events the Lowery Team contemporary Study Outdoor dance routine Adventurous Year using a range Activities. Focus: of dynamics Trust, team building 8 and and problem relationships. solving skills Further develop skills Succeed Take part in Sports Awards and together in and tactics in the PE Fitness Football, netball or Sports Colours given Challenge every PE conditioned out to students who rugby games/activities in the lesson Succeed positively contributed following sports: Collaboratively together towards PE throughout during plan and lead the year lunchtime and warm up in Develop your clubs and core PE lessons Be yourself Develop your knowledge of knowledge of an competitions. always and try actions and relationships effective warm up and out a range of used in cultural dance the effects exercise extracurricular Learn about styles including has on the body Bollywood/Capoeira sports clubs factors that influence **Primary** Year participation levels in the School sports you do in your PE lessons. Perform in the Represent the Apply to join Develop a range Football, netball the Sports Express yourself Academy at of basic skills in Take part in or rugby competitive Leadership Showcase small sided the Y6 Team (dance) sports fixtures games/activities Summer in the following Holiday Club. sports: